

Dear Attendees:

We are excited to welcome you to this year's GVFHRA Summit, **The HR Blueprint: Building Blocks for the Future of Work**, on Friday, October 17, 2025. This email contains essential information to help you make the most of your experience.

Check out our program!

We will have a digital version available which will include additional information.

EVENT DETAILS
Location: Penn State Great Valley, Convention Center
30 E. Swedesford Rd., Malvern, PA 19355
View Directions to Penn State Great Valley

ARRIVAL & REGISTRATION
Event Time: 7:00 AM - 4:15 PM
Upon arrival, please check in at the registration table to collect your program, sponsor engagement card, lanyard, and swag bag. Conference Ribbons will be available on the 2nd floor in the Hub. Feel free to engage with our sponsors, visit our Hub, and take pictures. Be sure to tag us and use **#GVFHRASummit25.**

WHAT TO WEAR

There is no formal dress code. Please wear what helps you get the most out of the day. If you plan to get a professional headshot, choose an outfit that makes you feel confident on camera. If you want to join our midday wellness activities, comfortable, movement-friendly clothing is encouraged. Layers are a great idea.

If you would like to join the fun, consider wearing our Summit colors: **navy, light blue, purple, hot pink, and lime green**.

Most importantly, come as you are. Whether you are camera ready, activity ready, or cozy and comfortable, there is no judgment. We cannot wait to see you.

CREDITS

5.0 SHRM PDCs and 5.0 HRCI credits (general and business) are available. Please take our survey at the end of each session. We will email you the credits on Monday, October 20.

SPEAKER FEEDBACK

We invite you to share feedback with our speakers through a short, 3-question survey. Surveys are completely optional and anonymous. You'll have the choice of filling out a paper copy or scanning a QR code to submit online.

Here's the direct link as well: Summit 2025: Speaker Survey.pdf

GVFHRA HUB

Visit our Hub on the 2nd floor to:

- Get your conference ribbons, along with **#OPENTOWORK** and **#HIRING** ribbons.
- Learn about membership opportunities, our DEI&B efforts, The Joe Giamboi Inclusion Fund, Career Management Roundtable, and SHRM Certification.

Representatives from GVFHRA will be available to connect during breaks and over the networking lunch. Please see the schedule that will be posted outside of The Henry Gallery.

We will have representatives for our two charities this year, **Manna on Main Street** and **Upper Merion Community Cupboard.** Please stop by and learn about them, and consider leaving a donation. More information will be on the HUB schedule the day of the event.

AGENDA

- 7:00–8:00 | Registration, Breakfast, Networking
- 8:00–9:30 | SHRM Presentation, Welcome Announcements + Keynote Presentation
- 9:30–10:00 | Networking Break (Snacks + Headshots)
- 10:00–11:00 | Session One
- 11:00–11:30 | Networking Break (Snacks + Headshots)
- 11:30–12:30 | Session Two
- 12:30–1:30 | Networking Lunch, Wellness Break* + Headshots
- 1:30–2:30 | Session Three
- 2:30–3:00 | Networking Break (Snacks + Headshots)
- 3:00–4:00 | Session Four + $50 Raffle (each room)
- 4:05–4:15 | Sponsor Raffles + $300 Sponsor Engagement Raffle

* See the Wellness Break Information

PHOTOGRAPHY

Please note that Sarah Miller, our professional photographer, will be capturing moments throughout the event. During sessions 1-4, there will be roped-off areas in the Musser Auditorium designated for photography. We kindly ask that you remain in front of these areas to ensure a smooth experience for everyone. This will also allow for better photos and easier access for questions and microphone usage.

Sarah will also be taking headshots throughout the day. Be sure to sign up (see below).

HEADSHOTS

In advance of the conference, please be sure to register for your headshots. **Register for Your Headshot Session.**

WELLNESS BREAK

We know attending a full-day summit can be energizing but also a little tiring. During lunch, take a moment to recharge with one of our two wellness sessions led by local experts. These 30-minute sessions are designed to refresh your mind and body so you can make the most of the afternoon.

- **12:30–1:00 PM | Circle of Fun**
  Join Kathy Gendelman of Core V3 Fitness for a playful, team-based resistance band workout that boosts energy, focus, and connection. Expect to move, laugh, and leave feeling ready to tackle the rest of your day. *This session is planned for outdoors, but if weather doesn't cooperate, it will move indoors to Room TBD. We will announce the location at the event.*
- **1:00–1:30 PM | The Energy Blueprint: Stress Less, Focus More**
  Join Jessica Hallahan of Journey to Yourself for a practical and inspiring session on

stress management. You'll explore the hidden costs of stress, learn how mindfulness can serve as a practical tool, and discover strategies to shift focus with greater intention. This session will be in Rooms 208/209.

PRIZES AND SPONSOR ENGAGEMENT

There are three ways to earn prizes:

1. **Session Four Room Raffles**
   Attend the session that fits you best during Session Four. Each of the three rooms will raffle a $50 prize at the end of the session, before everyone returns to Musser Auditorium.

2. **Sponsor Table Raffles**
   Individual sponsors may offer their own drawings. All sponsor-table drawings will be announced and awarded in Musser Auditorium at approximately 4:05 PM.

3. **Grand Prize: $300 Gift Card**
   Engage with our sponsors by visiting their tables and getting your sponsor engagement card hole punched. All holes must be punched to qualify. The $300 drawing will be held in Musser Auditorium after the individual sponsor raffles are announced.

Reminder: Must be present to win.

CATERING

Enjoy breakfast, a networking lunch, and snacks catered by Koren's Kitchen, with options to accommodate a variety of dietary needs.

Continental Breakfast (7:00–8:00 AM)

- Continental basket with bagels, muffins, breakfast breads, and pastries (served with butter, cream cheese, and preserves)
- Hot egg bites (gluten-free, vegetarian)
- Coffee and assorted teas (with half-and-half and sweeteners)
- Orange juice and bottled water

Morning Snack (9:30-10:00)

- Fruit kebabs (pineapple, melon, berries – gluten-free, vegetarian)
- Mini avocado toasts with tomato basil mozzarella relish and balsamic glaze (vegetarian, gluten-free tray available)
- Coffee and tea refresh
- Bottled water

Networking Lunch (12:30-1:30)

Boxed Lunch Options (each includes chips, cookie, condiments, and pasta salad)

- Buffalo chicken wrap
- Italian hoagie
- Chicken salad on brioche
- Turkey wrap
- Roasted veggie & hummus wrap (vegan)
- Gluten-free sandwiches: turkey or Italian

Sides

- Orzo pasta salad (vegan, vegetarian)
- Quinoa salad (comes with gluten-free meal)

Beverage Bar

- Pepsi products (soda), iced tea, and bottled water

Afternoon Snack (2:30-3:00)

- Cheese, fruit, and veggie tray with hummus, ranch, pita chips, and crackers (gluten-free crackers available and labeled)
- Grab-and-go snack baskets with:
    - Homemade trail mix cups
    - Granola bars
    - Individually wrapped brownies and cookies
    - Mini soft pretzels

ACCESSIBILITY & SERVICES

We offer designated seating at the front, near the speakers, for attendees who are hard of hearing or have vision difficulties. All presenters have been reminded to use microphones to support those with hearing challenges.

Restrooms and water refill stations are located past the Auditorium entrance and outside **Room 205** on the second floor.
A **Sponsor Lounge** is on the second floor. The lounge includes a **Mother's Room (212R)** with a refrigerator for nursing mothers.

If you need accommodation or have accessibility questions in advance, please contact us at **GVFHRA@gmail.com**.